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| --- | --- | --- | --- | --- | --- | --- | --- |
| CALFIT10 GROUP FITNESS 2021 ­­­­­­­­ | | | | | | |  |
| ­­­ | | | | | | |  |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
|  |  |  |  |  | **9-9:35 AM**  **ZUMBA RYTHMS**  **WOMEN ONLY TORI** |  | |
| **10:45 AM**  **SILVER SNEAKERS**  **(COMING SOON)** | **10:45 AM**  **SS STRENGTH &**  **BALANCE/RHONDA** | **10:45 AM**  **SILVER SNEAKERS**  **(COMING SOON)** | **10:45 AM**  **SS STRENGTH & BALANCE/RHONDA** | **10:45 AM**  **SS LATIN FUSION**  **RHONDA** | **9:45 AM**  **H.I.I.T**  **CRISSY** |  | |
|  |  |  |  |  |  |  | |
| **6:00 PM**  **YOGA**  **IVY** | **5:30 PM**  **HITT**  **CRISSY** | **6:00 PM**  **YOGA**  **ANDY** |  |  |  | **6:00 PM**  **YOGA**  **IVY** | |
| **6:45 PM**  **BOXING**  **SHIVA** |  |  | **6:45 PM**  **BOXING**  **SHIVA** |  |  |  | |
|  | **6:30 PM**  **ZUMBA**  **TORI** | **NEW!!**  **7:30 PM**  **H.I.I.T**  **CRISSY** | **6:30 PM**  **ZUMBA**  **TORI** |  |  |  | |
| LOCATION & CONTACT  1575 E. DUBLIN-GRANVILLE RD  COLUMBUS, OHIO 43229  (161 & KARL)  614-880-1100  WWW.CALFIT10.COM |  | **CLUB HOURS**  **MONDAY - FRIDAY**  **5AM – 10PM**  **SATURDAY – SUNDAY**  **8AM – 8PM** |  |  | KIDS CLUB HOURS  MONDAY – THURSDAY  8:30AM – 12:30 PM  4PM – 8:30PM  FRIDAY  8:30AM – 12:30PM  4PM- 8PM  SATURDAY 8AM -1PM |  | |

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