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|  CALFIT10 GROUP FITNESS 2021 ­­­­­­­­ |  |
| ­­­ |  |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  |  |  |  | **9-9:35 AM** **ZUMBA RYTHMS**  **WOMEN ONLY TORI** |  |
| **10:45 AM****SILVER SNEAKERS****(COMING SOON)** | **10:45 AM****SS STRENGTH &** **BALANCE/RHONDA** | **10:45 AM****SILVER SNEAKERS****(COMING SOON)**  | **10:45 AM****SS STRENGTH & BALANCE/RHONDA** | **10:45 AM****SS LATIN FUSION****RHONDA**  | **9:45 AM****H.I.I.T****CRISSY** |  |
|  |  |  |  |  |  |  |
| **6:00 PM****YOGA****IVY** | **5:30 PM****HITT****CRISSY** | **6:00 PM****YOGA****ANDY** |  |  |  | **6:00 PM****YOGA****IVY** |
| **6:45 PM****BOXING****SHIVA** |  |  | **6:45 PM****BOXING****SHIVA** |  |  |  |
|  | **6:30 PM****ZUMBA****TORI** | **NEW!!****7:30 PM****H.I.I.T****CRISSY** | **6:30 PM****ZUMBA****TORI** |  |  |  |
| LOCATION & CONTACT1575 E. DUBLIN-GRANVILLE RDCOLUMBUS, OHIO 43229(161 & KARL)614-880-1100WWW.CALFIT10.COM |  | **CLUB HOURS****MONDAY - FRIDAY****5AM – 10PM****SATURDAY – SUNDAY****8AM – 8PM** |  |  | KIDS CLUB HOURSMONDAY – THURSDAY8:30AM – 12:30 PM4PM – 8:30PMFRIDAY8:30AM – 12:30PM4PM- 8PM SATURDAY 8AM -1PM |  |

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